

ZAQUIA M. KADRA

Urban Studies Student | Environmental Programs | Community Engagement | Climate Resilience

Toronto, ON | zaquia.kadra@uof.ca | (647) 829-5815 | French: Native | English: Fluent | Wolof: Fluent | Creole: Fluent

PROFILE

Bilingual Urban Studies student at the Universite de l'Ontario francais with experience in climate resilience, community engagement, youth policy spaces, research, facilitation, and project coordination in Toronto. I bring hands-on experience from the Lift360 Climate Resilience Fellowship with SPROUT, TCBN's Youth Policy Table, UNA-Canada's Building Young Professionals fellowship, and community mobilization work connected to FIFA 2026 in Toronto. I am comfortable supporting outreach, virtual and in-person meetings, community events, workshops, note-taking, logistics, data collection, environmental policy tracking, event reporting, and clear public-facing communication. Strong interest in environmental justice, zero waste, waste reduction, reusable foodware systems, urban sustainability, and equity-focused community action.

CORE SKILLS

- Community engagement & events: outreach support, facilitation, resident engagement, youth engagement, community workshops, festivals, public-facing events, event reporting
- Environmental programs: climate resilience, urban sustainability, environmental justice, waste reduction, zero waste, single-use plastic reduction, reuse, reusable foodware systems
- Research & coordination: data collection, surveying, stakeholder mapping, background research, environmental policy tracking, note-taking, action-item tracking, administrative support
- Tools & communication: Excel, Word, PowerPoint, Google Workspace, shared drives, QGIS beginner, ArchiCAD, AutoCAD, bilingual communication

RELEVANT EXPERIENCE

Technical Lead | Lift360 Climate Resilience Fellowship with SPROUT | Toronto, ON | 10-week fellowship | Feb 2026 - Apr 2026

- Supported a community-based climate resilience project focused on local environmental concerns, community needs, and adaptation in Regent Park.
- Worked with SPROUT and a fellowship team to develop research, project ideas, a final pitch, and a participatory activity for community discussion.
- Helped translate research and lived-experience insights into accessible talking points, presentation content, and group discussion prompts.
- Built practical experience in climate resilience, community engagement, facilitation, teamwork, and project coordination.

Youth Policy Table Member & Discussion Facilitator | Toronto Community Benefits Network (TCBN) | Toronto, ON | 2026 - Present

- Participate in youth policy discussions on community benefits, equity, local development, inclusive city-building, and urban sustainability.
- Contributed youth perspectives and ideas during partner-led events and Zoom discussions connected to TEA's ecosystem and community work.
- Facilitated a small-group table discussion at a community event, encouraging participation, listening to different perspectives, and summarizing key ideas.

Vice-President, Communications & Media Commission | Senegalese Community Initiative - FIFA 2026 Toronto Mobilization | Toronto, ON | 2026 - Present

- Support communications and outreach planning for community-based activities connected to FIFA 2026 in Toronto.
- Contribute youth and community perspectives on engaging residents, diaspora groups, and local partners around public events and city-wide mobilization.
- Assist with media strategy, storytelling, content planning, and coordination to increase visibility and inclusive community participation.

Project Design & Research Intern | CANAF Group | Remote / Toronto, ON | Feb 2026 - Apr 2026

- Supported project design, stakeholder mapping, data collection, and community outreach for a multi-function community centre project in Karuzi, Burundi.
- Organized project documents, online tools, and shared databases to support coordination, documentation control, and reporting.

Interpreter | Kelly Services | Toronto, ON | Oct 2023 - May 2025

- Facilitated English, French, and Wolof communication across healthcare and social-service contexts while maintaining accuracy, confidentiality, and professionalism.
- Adapted complex information into clear, accessible language under time constraints and across multicultural settings.

Architectural Intern | Archi-Art | Dakar, Senegal | Sep 2024 - Oct 2024

- Supported site evaluations, residential planning, and documentation using ArchiCAD and AutoCAD, with attention to site conditions and program constraints.
- Organized drawings, notes, photos, and project files in shared drives to support team coordination and easy access to records.

FELLOWSHIPS & PROFESSIONAL DEVELOPMENT

Fellow - Building Young Professionals (BYP), Green Jobs of the Future | United Nations Association in Canada (UNA-Canada) | Canada | Fellowship in progress | 2026

- Participating in a fellowship program focused on green jobs, leadership, civic engagement, digital communication, and tools for environmental impact reporting and data management.
- Engaging in workshops, mentorship, and networking with peers and mentors across Canada to strengthen professional skills for environmental and community-impact work.

EDUCATION

B.A., Urban Studies | Universite de l'Ontario francais (UOF) | Toronto, ON | Dec 2021 - Expected Jun 2026

Selected coursework: Climate Change & Cities; Equity & Social Innovation; Planning Methods; Urban Form Analysis; Urban Data Analysis & Storytelling

Diploma, Digital Solutions Development | Institut Superieur de Management (ISM) | Dakar, Senegal | Oct 2020 - Oct 2021

Focus: UX/UI design, web development, project management

Scientific Baccalaureate (S2) | Lycee Saint Charles Lwanga | Dakar, Senegal | 2018 - 2020

SELECTED ACADEMIC PROJECTS

Flood Risk & Climate Vulnerability in Pikine | Integrated Urban Studies Project | Dakar, Senegal | 2025 - 2026

- Analyzed flood risk and urban vulnerability through topography, rainfall, land use, informal settlements, socio-economic exposure, and adaptation strategies.

UOF Lakeside Campus Village Concept | Urban Design / Site Analysis Project | Downtown Toronto | 2024 - 2025